

# BBQ Days

## Fun Run, Walk & Roll

**Where:** Start at Kamiah Physical Therapy building on the corner of Hill and 4<sup>th</sup> streets.

**When:** Saturday September 3<sup>rd</sup>, 2011. Registration starts at 7:30am, start time is 8am.

**Course:** 5k flat out & back. Suitable for all ages and abilities. Bicycles & Strollers are welcome.

**Registration:** \$13 per person, fee includes a t-shirt.

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### Registration Form

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Shirt Size: (circle) Adult:** S M L XL XXL XXXL  
**Youth:** XS S M L

**Please read & sign waiver:**

In consideration of the acceptance of my entry, I do hereby, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter occur to me against St. Mary's Hospital, Kamiah Physical Therapy, City of Kamiah, counties of Idaho & Lewis, any sponsors, volunteers and participants from all claims or liabilities of any kind arising from my participation in this event. I further assume all risks involved in this activity and the risk of any injury relating thereto. I have read the above statement, I understand it, and my signature confirms its full acceptance.

**Signed:** \_\_\_\_\_

**Date:** \_\_\_\_\_

I, as the parent or legal guardian, do hereby give my consent for my above-named child to participate in the above-named event and I do hereby understand and accept for my child and myself the above Declaration of Release.

**Signed:** \_\_\_\_\_

**Date:** \_\_\_\_\_